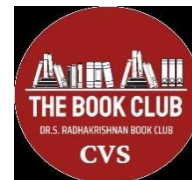




DR S RADHAKRISHNAN BOOK CLUB



COLLEGE OF VOCATIONAL STUDIES

2021-2022

| NAME OF THE EVENT | NO. OF PARTICIPANTS | DATE |
|--|----------------------------|---------------------------------|
| LECTURE BY VIJAY LOKPALLY | 48 | 05 TH SEPTEMBER 2021 |
| LECTURE BY SANHITA BARUAH AND MR. ARJUN GUPTA | 42 | 09 TH OCTOBER 2021 |
| LECTURE BY DR. MANMOHAN SINGH AND KAVYA SHARMA | 40 | 19 TH APRIL 2021 |

WEBINAR: LECTURE BY VIJAY LOKPALLY

Bio of the Speaker

Mr Vijay Lokapally, renowned author, sports journalist and Former Deputy Editor of the daily newspaper. He joined the newspaper Patriot in 1981, with his first article about the cricketer Bishan Singh Bedi. He resigned from Patriot in 1986 and later joined The Hindu Group (writing for its publication The Hindu and Sports star), specializing in writing five books related to cricket in India.

Benefits Of The Event

This event was beneficial with the thought of how it is never too late to learn new things. One in love with sports may not know the relation between sports and journalism- by expanding their knowledge, they may take the opportunity to work in journalism in order to get closer to the thing they love.

Report of the Event

'The Hitman: The Rohit Sharma Story' was the book of discussion of the session. The inaugural address of the session was given by Prof. Inderjeet Dagar, Principal CVS. He addressed the meeting on the role and significance of teachers in shaping society. Further, the poem, 'Kitab' by

Safdar Hashmi was recited by Shaziya and the book review written by Tanya on this book, 'The Hitman: The Rohit Sharma Story' was recited by herself. Mr Vijay Lokapally described his journey of writing this book as a labour of love and dedication. He introduced all the contributors in the book and highlighted his work in unravelling the interface between sports and journalism. He described how one should be completely honest while writing a book and mentioned that reading doesn't require much effort if, one is engaged in the reading of its favourite genre.

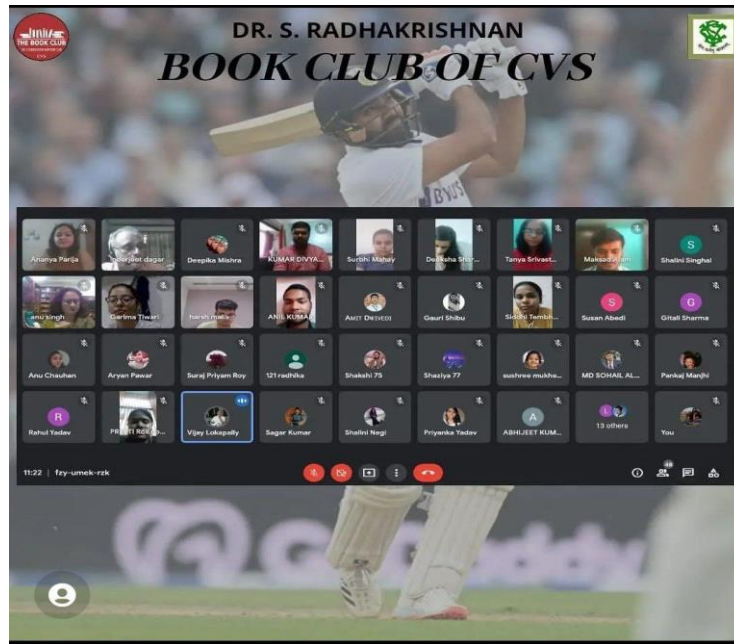
In the Q&A round, participants put some fascinating questions in front of the speaker, making the session more insightful and interesting. Mr Lokapally mesmerised his audience with his exemplary range of knowledge and powerful articulation.

Finally, the Vote of Thanks was given by Ms Anuradha Bawa Singh, Convenor of the society and declared the result of the Article Writing Competition. A large number of students attended online meetings from various colleges and universities. It was an engrossing session that no one wanted to end.

This is the poster of the of the session

DR. S. RADHAKRISHNAN
BOOK CLUB OF CVS & IQAC
Presents
XI BOOK CLUB MEET
THE HITMAN- A ROHIT SHARMA STORY
SPEAKER - MR. VIJAY LOKAPALLY
05 September 2021
11:00 AM
Google meet
Scan this QR code for direct registration
For any query, Contact
Divyang - 94709 51491
Amreen - 8708673697
Anuradha Bawa Singh
Convenor
Professor Inderjeet Dagar
Principal
RADHA KRISHNAN BOOK CLUB | BOOK CLUB CVS

Here is the screenshot of the webinar



Instagram- Social Media Link- <https://www.instagram.com/p/CTgrk7qBcCA/?igshid=N2Y5NTAwYTk=>
<https://www.instagram.com/p/CTgr8mxhhrZ/?igshid=N2Y5NTAwYTk=>

WEBINAR: LECTURE BY SANHITA BARUAH AND MR. ARJUN GUPTA

About the Speakers

- Ms Sanhita Baruah hails from Guwahati, Assam. She did her MBA in Marketing from MDI, Gurgaon and she's currently working in an MNC as a Sales and Marketing Professional. Apart from this, her interests lie in reading and writing. She is a reputed poet as well as a writer. Her three poetry collections - The Art of Grieving, The Art of Letting Go and The

Art of Healing were remarkably published. Her book majorly deals with three main factors: Awareness, Acceptance and Allowance. Currently, she is also into novel writing and e-book writing. We hope it will be published as soon as it is completed.

- Mr Arjun Gupta is a well-known writer of many mental health-related books. He has written his books intending to present some knowledge to people that is easily comprehensible and can spread awareness on various mental health issues. Currently, he is pursuing Psychology at Delhi University. His interest lies in reading and writing. He is the founder of "Mind Tuition". His noteworthy books are 'Shh! Don't talk about mental health' and 'The A-Z of mental health'. The former talks about mental health issues with the help of stories by using facts and some statistical data that proves that - today's mental health issues are not only an individual's struggle but also societal suffering and we all need to take some collective measures against it.

Benefits Of The Event

The session also helped the students open up about their mental health to the speakers- which is not easy for anyone. In the end, this event was also like a safe haven for struggling people.

Report of the Event

“You don’t have to control your thoughts. You just have to stop letting them control you.”

Dr. S. Radhakrishnan Book Club of CVS organised its XII Book Club Meet on 9th October, 2021 on the occasion of World Mental Health Awareness Day in collaboration with Manas: The Mental Health Advocacy Cell and IQAC. The theme of the session was "Books: Best Medicine to Overcome Mental Health Issues". The session provided the students with an understanding of Mental Health issues in the world of misapprehensions.

The session began with the inaugural address given by Dr Shalini Singhal and Mrs Anuradha Bawa Singh, Convenor of Manas CVS and Book Club of CVS respectively. Furthermore, poems were recited by Maksad and Shaziya on 'Kitab' by Safdar Hashmi and 'Depression' by Cara Delevingne respectively.

Our revered speakers of the session were Ms Sanhita Baruah and Mr Arjun Gupta. Ms Sanhita Baruah started the session by sharing her personal experience that "Life is not just about moving on but you have to release your emotions as well." She hinted that only we can work on our thoughts and motivated the audience that there is much more to life than just being a survivor. She shared the two mantras that helped her i.e. read like your library card is expiring and write like no one is reading.

The second speaker of the session Mr Arjun Gupta shared some insightful observations with the audience commenting that "Books might not be the only best medicine but, they help you to find yourself." He accentuated that people should be taught to read books to solve their problems.

Whereas, comprehending language can work effectively to help others. He further related how mental health with toxic masculinity isn't expressed by men due to their conditioning.

The session had an interactive question-answer interval where the audience delivered their mental health issues to the speakers. They experienced a healthy exchange of mental health problems with their solutions.

The Vote of Thanks was delivered by Amreen with the successful anchoring executed by Deeksha and Anu. It was an engrossing session that no one wanted to end.

The session was beneficial as mental health holds importance in every stage of life.

Here is the poster of the webinar by Author Ms Sanhita Baruah

BOOK CLUB OF CVS & MANAS with IQAC
Presents
XII BOOK CLUB MEET
on
Books: Best Medicine To Overcome Mental Health Issues

SPEAKERS

Ms. SANHITA BARUAH
Best selling author in poetry
"The Art of letting Go" Book series

9th October 2021
2:00 PM
Google meet

Scan QR code for direct registration for the event

For any query, Contact
Divyang- 94709 51491
Shagun- 9818010921

Dr. Anuradha Bawa Singh
Convenor, Book Club CVS
BOOK CLUB CVS/ MANAS.CVS

Prof. Inderjeet Dagar
Principal


Dr. Shalini Singhal
Convenor, Manas CVS
RADHA KRISHNAN BOOK CLUB/ MANAS.CVS

Poster of the webinar by Author Mr. Arjun Gupta

BOOK CLUB OF CVS & MANAS with IQAC
Presents
XII BOOK CLUB MEET
on
Books: Best Medicine To Overcome Mental Health Issues


SPEAKERS

Mr. ARJUN GUPTA
Author of
" The A-Z of Mental Health " &
" Shh! Don't talk about Mental Health "



9th October 2021
2:00 PM
Google meet

Scan this QR code for direct registration for the event



For any query, Contact
Divyang- 94709 53491
Shagun- 9818010921

Dr. P. Radha Bawa Singh
Convener, Book Club CVS

Prof. Inderjeet Dagar
Principal

Dr shalini Singhal
Convener, Manas CVS


BOOK_CLUB_CVS / MANAS.CVS

RADHA KRISHNAN BOOK CLUB/ MANAS.CVS

Screenshot of Ms Sanhita Baruah & Mr Arjun Gupta telling about the relevance of mental health

Dr. S Radhakrishnan Book Club of CVS & MANAS: The Mental Health Advocacy Cell of CVS with IQAC
Conducted
XII BOOK CLUB MEET
on
MENTAL HEALTH DAY

2/4



BOOK_CLUB_CVS / MANAS.CVS

RADHA KRISHNAN BOOK CLUB/ MANAS.CVS

Instagram link to the Event-

<https://www.instagram.com/p/CUm3lCvhe9b/?igshid=N2Y5NTAwYTk=>

GUEST LECTURE: BY DR. MANMOHAN SINGH AND MS KAVYA SHARMA

About the speakers

- Mr Manmohan Singh Bawa, an Author, Painter, and Cartographer, born in 1932 in the tranquil lanes of Amritsar, Mr Bawa has contributed significantly to the world of storytelling.
- MS. Kavya Sharma has published four books and is the founder and editor-in-chief of Verse of Silence, MS. Sharma has significantly contributed to Indian Literature and is vocal about women's rights and highly passionate about working for the same.

Benefits of the Event

The event was helpful for everyone pursuing to become a writer or just wishing to start writing. A book donation drive was planned, which brought a smile to people who needed books in life.

Report of the Event

Books and doors are the same things, you open them, and you go through into another world. Dr S. Radhakrishnan Book Club of CVS has organised its annual event, 'GEETANJALI' on April 19th, 2022. The event began with the inaugural address by Ms Anuradha Bawa Singh, Convenor of the Club who greeted the members for their hard work in the Club.

The event kick-started with the poem 'Kitabe' recited by Priyanjana Ghosh. Furthermore, the revered speaker of the session Dr Manmohan Bawa Singh gave some insights into his career life. He knew multiple languages and told us various anecdotes of his life that made him pursue writing.

Another esteemed speaker of the session was Ms Kavya Sharma gave us informative tips on how to start writing and also advised us to read books which are juxtaposed to each other to know the perspectives of both. A Q&A session was organised where participants put some fascinating questions making the event insightful.

The Vote of Thanks was given by the President of the Club, Kumar Divyang. The event was hosted by Tanya, Chetan and Aarjav. The Book Donation Drive was headed by Harsh Malik. The marketing pitch for event partners was done by Anu Chauhan.

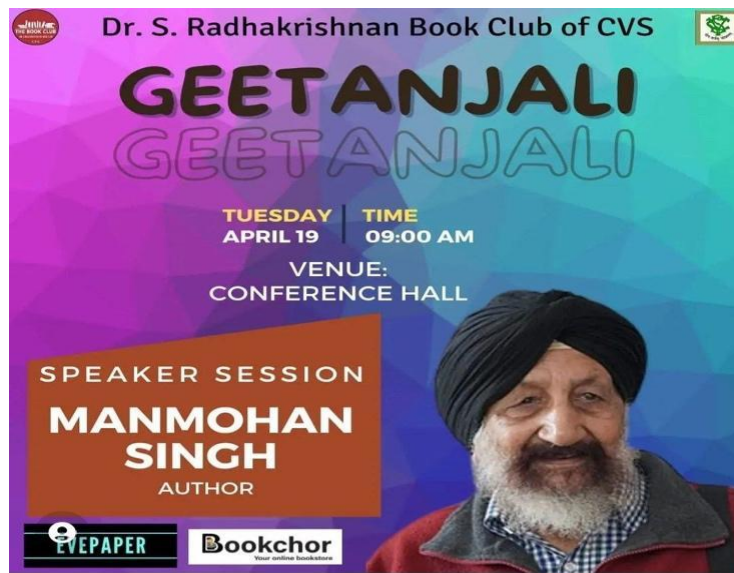
In the end, the event was a successful one and everyone enjoyed it a lot.

Following were the attendees of the lecture

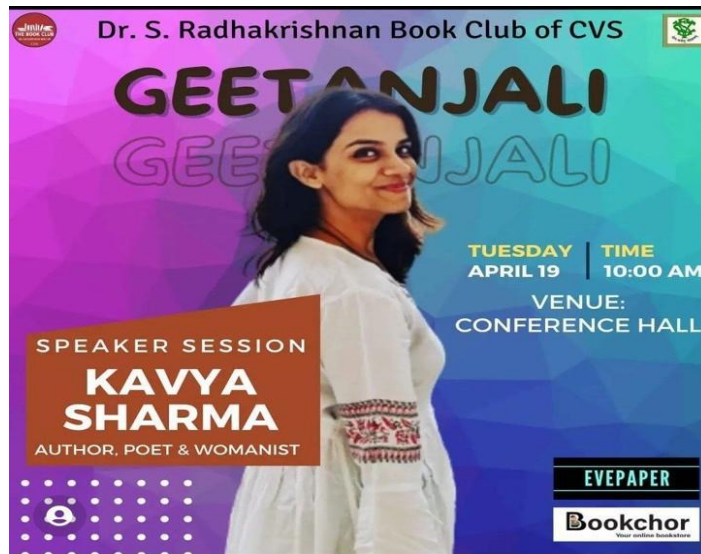
| GEETANJALI | | | | |
|---------------------|--------------------|---------|------------|----------------|
| Column1 | Column2 | Column3 | Column4 | Column5 |
| Name | Course | Year | Phone No | Signature |
| Kumar Divyang | History Hons. | 3rd | 9470951491 | Divyang |
| Anil Kumar | History Hons. | 3rd | 9771041339 | Anil |
| Neemat Farheen | History Hons. | 3rd | 8700916684 | Neemat |
| Garmi Tiwari | Eco Hons. | 3rd | 9354623175 | Garmi |
| Priyaanka Yadav | Hindi Hons. | 3rd | 8920636859 | Priyanka Yadav |
| Ankita Kumari | Hindi Hons. | 3rd | 7042363966 | Ankita |
| Vrinda Yadav | Hindi Hons. | 3rd | 7827992008 | Vrinda |
| Surbhi Mahey | English Hons. | 2nd | 9313080020 | Surbhi |
| Tanya Srivastava | English Hons. | 2nd | 7860653493 | Tanya |
| Harsh Malik | History Hons. | 2nd | 9582622151 | Harsh Malik |
| Anu Chauhan | History Hons. | 2nd | 7830709885 | Anu |
| Nishant Singh | History Hons. | 2nd | 7271850860 | Nishant Singh |
| Nilesh Singhal | B.A SME | 2nd | 9350776480 | Nilesh |
| Aastha Joshi | History Hons. | 2nd | 9654948704 | Aastha |
| Riya Rawat | History Hons. | 2nd | 7428272906 | Riya |
| Montu Rathore | HRM | 2nd | 9753926542 | Montu |
| Priyanjana Ghosh | History Hons. | 1st | 8882563532 | Priyanjana |
| Sia Kumar | English Hons. | 1st | 7011458204 | SIA KUMAR |
| Muskan Chauhan | MMI (Vocational) | 1st | 8076420421 | Muskan |
| Muskan Agarwal | English Hons. | 1st | 9793287992 | Muskan Agarwal |
| Aasmi Saxena | SME (Vocational) | 1st | 8470068592 | Aasmi |
| Uma Bharti | English Hons. | 1st | 7891735165 | Uma Bharti |
| Stuti Singh | History Hons. | 1st | 9311331768 | Stuti |
| Karnika Karan | English Hons. | 1st | 9644846266 | Karnika |
| Aarjav Jain | Tourism Management | 1st | 9310213519 | Aarjav |
| Supriya Chowdhary | History Hons. | 1st | 9971145991 | Supriya |
| Prathmesh Vashishth | Bsc Hons CS | 1st | 9818091496 | Prathmesh |
| Shivali | English Hons. | 1st | 7668101366 | Shivali |
| Vidhi Chopra | History Hons. | 1st | 9685363022 | Vidhi |
| Anshu Gosawmi | History Hons. | 1st | 9753159340 | Anshu |
| Satya Prakash | Hindi Hons. | 1st | 9311531027 | Satya |

| | | | | |
|------------------|---------------|-----|------------|----------------|
| Mishkaat Tahreem | English Hons. | 1st | 8709474481 | Mishkaat |
| Lisa Das | English Hons. | 1st | 8638064513 | Lisa |
| Danika Aggarwal | BMS | 1st | 9818326920 | Danika |
| Ritika Rawat | History Hons. | 1st | 9149066044 | Ritika |
| Muskan Singhal | BMS | 1st | 9818017846 | Muskan Singhal |
| Nupur Rawal | English Hons. | 1st | 8595263761 | Nupur |
| Soumya Srijan | Bcom hons | 1st | 8178416810 | Soumya |
| Disha Kanojia | Bsc Hons CS | 1st | 8368985704 | Disha Kanojia |

Here is the poster of the lecture by Dr. Manmohan Singh



Here is the poster of the lecture by Ms Kavya Sharma



Here are some pictures of the event



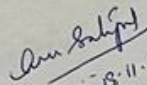
Pictures of Dr. Manmohan Singh and Ms. Kavya Sharma interacting with the students

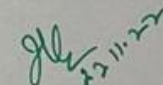


Social Media Link- <https://www.instagram.com/p/CcU0FpqKCnm/?igshid=N2Y5NTAwYTk=>

<https://www.instagram.com/p/CcU0rnWKUB6/?igshid=N2Y5NTAwYTk=>

This is to certify that the activity report (Department/Society) for the academic year 2021-22 has been submitted for documentation to Internal Quality Assurance Cell, College of Vocational Studies


18.11.2022
Dr. Anu Satyal
IQAC Coordinator
College of Vocational Studies


Prof. Inder Jeet Dagar
Principal
College of Vocational Studies
Principal/प्रधानाचार्य
College of Vocational Studies
कॉलेज ऑफ वोकेशनल स्टडीज
(University of Delhi)/ (दिल्ली विश्वविद्यालय)
Triveni Sheikh Sarai, Phase-II,
त्रिवेणी शेख सराय, फेज- II,
New Delhi-110017/नई दिल्ली -110017